

## Alert Level 3 factsheet:

### Travel

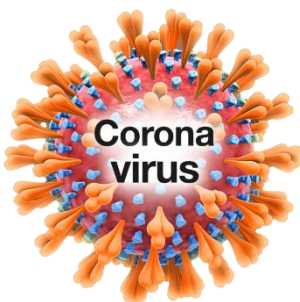
23 April 2020



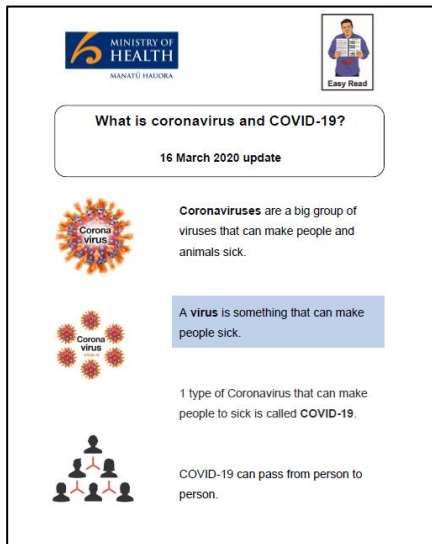
New Zealand has 4 Alert Levels:

- Alert Level 1
- Alert Level 2
- Alert Level 3
- Alert Level 4

Unite  
against  
COVID-19



The different Alert Levels tells us what we must do to keep everyone safe from the Covid-19 virus.



There is an Easy Read factsheet called:

## What is coronavirus and COVID-19?

You can find this factsheet on the COVID-19 website:

<https://covid19.govt.nz/communities/accessible-information/easy-read/>



**New Zealand is moving to Alert Level 3.**

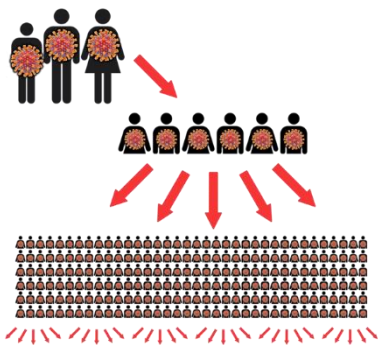


This factsheet is about the rules for travel in Alert Level 3.

# Where can I travel in Alert Level 3?



At Level 3 everyone still needs to stay at home as much as they can.



There is still a risk of COVID-19 spreading.



Stay at home if you are sick.



Tell your doctor if you are sick.



You should **only** travel if you really need to.



You can go out to:

- see a doctor



- exercise



- get food



- get medicine.

You can also go to work if:



- you **cannot** work from home



- the government has said you are an **essential worker**.



**Essential** means something that is needed.



Your work will have told you if you are an essential worker.



In Level 3 you **can** now travel in your region.



**Region** means in your part of New Zealand.



But this is **not** the time to:

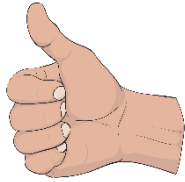
- take a holiday



- travel between regions to celebrate birthdays



- travel far away to go to another supermarket when you can shop locally.



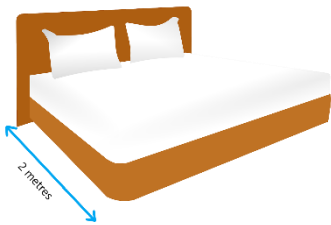
You can now travel to take part in some events.



You can only have **10 people** at an event.



You must stay 2 meters away from everyone there.



2 metres is about as long as a bed.



Remember to wash your hands a lot.

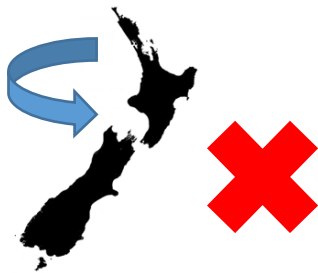


Events that are ok are:

- religious services
- weddings
- funerals and tangihanga.



All other travel is **not allowed**.

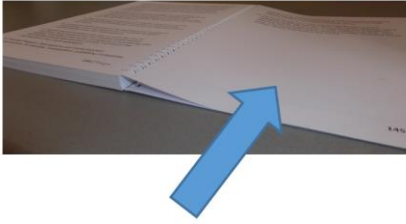


This means you cannot travel to other regions of New Zealand.



The only time you can travel to another region is to move where you are living.





You can find out more about the rules for moving home on page 11 of this factsheet.

# Public Transport



Buses and trains will be running at Alert Level 3.

You can only take the bus or train if you are going to:



- work

- the supermarket



- the pharmacy



- your doctor.



You can also take the bus or train if you are an essential worker.



Buses and trains will have different rules at Alert Level 3 like:

- you may need to enter from the **back door**



- only a small number of people can sit inside a train or a bus



- you should sit 2 metres away from other people.

# Moving house



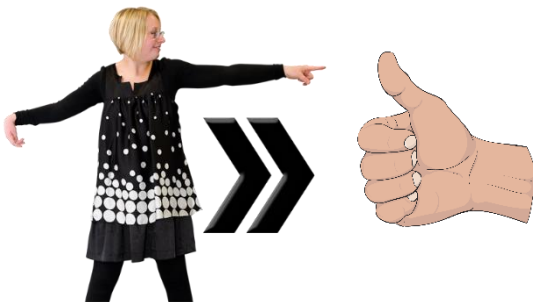
If you were in the wrong place when Alert Level 4 started now you can move home.



You can move throughout New Zealand.



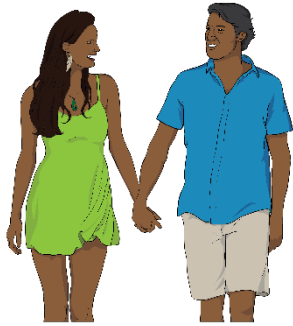
You can only move **1 time**.



You can only move in **1 direction**.

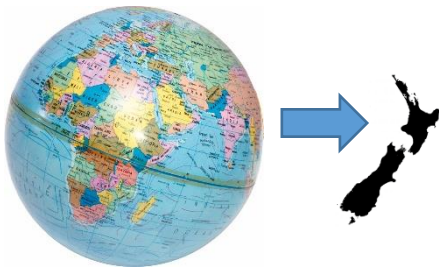


This means if you move you **cannot** go back to where you were in Alert Level 4.



Some New Zealanders are in:

- the Cook Islands
- Niue
- Tokelau.



Now that we are in Alert Level 3 these people can move back to New Zealand.



But if they move here they will **not** be able to go back to any of those places while we are in Alert Level 3.

# How to keep safe when you are travelling

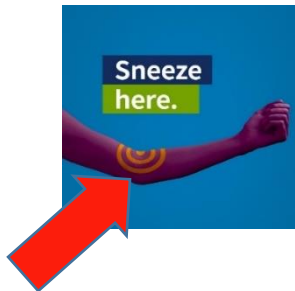


When you go out remember to:

- wipe down things you need to touch



- wash your hands properly



- sneeze or cough into your elbow



- do not touch your face.

## How can I get information about COVID-19 if I do not have the internet?



You can listen to **Radio NZ** on your radio.



You can also watch **Channel 1** at **1 o'clock** every afternoon.



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